TIMETABLE

S.M.A.R.T. TRAINING

SHARED PERSONAL TRAINING SYSTEM

Call Rob 0211194900 for more details

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5.30am - 10.00am	N/A	OPEN	OPEN	OPEN	OPEN	N/A	N/A
	OPEN 7.00am - 10.00am					OPEN 8.00am - 9.30am	
10.00am - 5.00pm	N/A	N/A	N/A	N/A	N/A	N/A	
5.00pm - 7.00pm	OPEN	OPEN	OPEN	OPEN	OPEN		